



# PE Curriculum Map

Term 1

Term 2

Term 3

Term 4

Term 5

Term 6

RECEPTION

**Unit Title:**  
First PE

**Focus:**  
To move in a variety of ways.

**Unit Title:**  
Dance

**Focus:**  
Explore movement and musicality.

**Unit Title:**  
Gymnastics

**Focus:**  
Exploring shapes, jumps, rolls and balances.

**Unit Title:**  
Ball Skills

**Focus:**  
Developing basic ball skills, throwing, rolling, kicking, catching.

**Unit Title:**  
Athletics

**Focus:**  
Exploring basic movement skills; running, jumping, throwing.

**Unit Title:**  
Multiskills

**Focus:**  
Developing basic control and coordination using equipment.

YEAR 1

**Unit Title:**  
Football (Invasion Game)

**Focus:**  
Basic football skills and ball control.

**Unit Title:**  
Gymnastics

**Focus:**  
Introduce basic gymnastic skills and short sequences.

**Unit Title:**  
Tag Rugby

**Focus:**  
Introduction to tag rugby and basic skills.

**Unit Title:**  
Dance

**Focus:**  
Basic dance movements

**Unit Title:**  
Netball (Invasion Game)

**Focus:**  
Basic passing and movement.

**Unit Title:**  
Gymnastics

**Focus:**  
Develop gymnastic skills and create short sequences.

**Unit Title:**  
Hockey (Invasion Game)

**Focus:**  
Introduction to basic hockey skills.

**Unit Title:**  
Dance

**Focus:**  
Basic dance movements and simple choreography.

**Unit Title:**  
Athletics

**Focus:**  
Developing fundamental running, throwing and jumping techniques.

**Unit Title:**  
OAA

**Focus:**  
Introduction to teamwork and communication

**Unit Title:**  
Tennis (Net Game)

**Focus:**  
Introducing basic racket and ball control.

**Unit Title:**  
Kwik Cricket (Striking and Fielding)

**Focus:**  
Introduction to basic cricket skills.



# PE Curriculum Map

Term 1

Term 2

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YEAR 2

**Unit Title:**  
Football (Invasion Game)

**Focus:**  
Developing control and accuracy in ball control, defending and shooting.

**Unit Title:**  
Gymnastics

**Focus:**  
Developing strength and control in gymnastic skills.

**Unit Title:**  
Tag Rugby

**Focus:**  
Develop tagging and ball movement skills.

**Unit Title:**  
Dance (Winter)

**Focus:**  
Develop control, expression and travelling.

**Unit Title:**  
Netball (Invasion Game)

**Focus:**  
Footwork and passing variations.

**Unit Title:**  
Gymnastics

**Focus:**  
Recap and further develop strength and control in gymnastic skills.

**Unit Title:**  
Hockey (Invasion Game)

**Focus:**  
Developing control and accuracy in hitting dribbling and passing.

**Unit Title:**  
Dance

**Focus:**  
Further develop control, expression and travelling movements.

**Unit Title:**  
Athletics

**Focus:**  
Refining running and throwing techniques, introducing competition.

**Unit Title:**  
OAA

**Focus:**  
Basic map skills and problem solving.

**Unit Title:**  
Tennis .(Net Game)

**Focus:**  
Developing control and movement with a racket.

**Unit Title:**  
Kwik Cricket (Striking and Fielding)

**Focus:**  
Improving accuracy and control in throwing, bowling and batting.

YEAR 3

**Unit Title:**  
Football (Invasion Game)

**Focus:**  
Refining technique and introducing tactical awareness.

**Unit Title:**  
Gymnastics

**Focus:**  
Refining gymnastic techniques and linking skills.

**Unit Title:**  
Tag Rugby

**Focus:**  
Refining tagging and passing techniques in game situations.

**Unit Title:**  
Dance

**Focus:**  
Creative dance

**Unit Title:**  
Basketball (Invasion Game)

**Focus:**  
Mastering basic dribbling, passing and game play.

**Unit Title:**  
Gymnastics

**Focus:**  
Recap gymnastic techniques and refine linking techniques.

**Unit Title:**  
Hockey (Invasion Game)

**Focus:**  
Refining techniques and introducing tactical awareness in both individual skills and game play.

**Unit Title:**  
Dance

**Focus:**  
Creative dance and group choreography.

**Unit Title:**  
Athletics

**Focus:**  
Introducing advanced throwing and jumping technique and relay races.

**Unit Title:**  
OAA

**Focus:**  
Map reading and team collaboration.

**Unit Title:**  
Tennis (Net Game)

**Focus:**  
Introducing targeted hitting and controlled movement.

**Unit Title:**  
Kwik Cricket (Striking and Fielding)

**Focus:**  
Introducing overarm throwing and fielding.



# PE Curriculum Map

Term 1

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YEAR 4

**Unit Title:**  
Football (Invasion Game)

**Focus:**  
Developing speed and advanced ball control.

**Unit Title:**  
Gymnastics

**Focus:**  
Developing fluency and control in gymnastics using apparatus

**Unit Title:**  
Tag Rugby

**Focus:**  
Intruding speed and tactical awareness.

**Unit Title:**  
Dance

**Focus:**  
Developing choreographic skills .

**Unit Title:**  
Netball (Invasion Game)

**Focus:**  
Games specific skills, shooting techniques, defensive skills and pivoting.

**Unit Title:**  
Gymnastics

**Focus:**  
Refine fluency and control in gymnastics using apparatus.

**Unit Title:**  
Hockey (Invasion Game)

**Focus:**  
Developing speed and advanced ball control.

**Unit Title:**  
Dance

**Focus:**  
Developing choreographic skills and performance.

**Unit Title:**  
Athletics

**Focus:**  
Developing sprinting, throwing and jumping skills, enhancing relay techniques.

**Unit Title:**  
OAA

**Focus:**  
Effective communication and leadership.

**Unit Title:**  
Tennis (Net Game)

**Focus:**  
Developing accuracy, control and movement in hitting.

**Unit Title:**  
Kwik Cricket (Striking and Fielding)

**Focus:**  
Developing fielding skills and batting techniques.

YEAR 5

**Unit Title:**  
Football (Invasion Game)

**Focus:**  
Advanced skills and tactical play

**Unit Title:**  
Gymnastics

**Focus:**  
Performing complex shapes and linking skills into sequences.

**Unit Title:**  
Tag Rugby

**Focus:**  
Advanced tagging and team play

**Unit Title:**  
Dance

**Focus:**  
Translating ideas into movement.

**Unit Title:**  
Basketball (Invasion Game)

**Focus:**  
Game strategies and defensive techniques.

**Unit Title:**  
Gymnastics

**Focus:**  
Refine performing complex shapes and linking skills into sequences.

**Unit Title:**  
Hockey (Invasion Game)

**Focus:**  
Advanced skills and tactical play.

**Unit Title:**  
Dance

**Focus:**  
Translating ideas into movement and group dynamics.

**Unit Title:**  
Athletics

**Focus:**  
Enhancing speed, throwing power, jumping distances and competitive relays.

**Unit Title:**  
OAA

**Focus:**  
Orienteering and teamwork.

**Unit Title:**  
Tennis (Net Game)

**Focus:**  
Introducing serving and game scenarios.

**Unit Title:**  
Kwik Cricket (Striking and Fielding)

**Focus:**  
Advanced fielding and game awareness.



# PE Curriculum Map

Term 1

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YEAR 6

**Unit Title:**  
Football (Invasion Game)

**Focus:**  
Mastering skills and game strategy

**Unit Title:**  
Gymnastics

**Focus:**  
Mastering advanced gymnastics skills.

**Unit Title:**  
Tag Rugby

**Focus:**  
Game strategy and decision making.

**Unit Title:**  
Dance

**Focus:**  
Refining performances.

**Unit Title:**  
Basketball (Invasion Game)

**Focus:**  
Refining techniques and tactical awareness.

**Unit Title:**  
Gymnastics

**Focus:**  
Mastering advanced gymnastics skills and inverted techniques.

**Unit Title:**  
Hockey (Invasion Game)

**Focus:**  
Mastering skills and game play.

**Unit Title:**  
Dance

**Focus:**  
Refining performances and self evaluation.

**Unit Title:**  
Athletics

**Focus:**  
Maximizing speed, power and distance. Engaging in competitive athletics.

**Unit Title:**  
OAA

**Focus:**  
Advanced orienteering and leadership evaluation.

**Unit Title:**  
Tennis (Net Game)

**Focus:**  
Developing tactical play and advanced techniques

**Unit Title:**  
Kwik Cricket (Striking and Fielding)

**Focus:**  
Tactical batting and bowling.

