



How we Plan, Teach and Assess

Physical Education

Planning Overview

Physical Education curriculum learning is structured to best meet and exceed the National Curriculum requirement. ALL children learn through one lesson of Competitive Games and one lesson of Movement per week.

Competitive Games consist of activities that encourage principles of attack and defence, both individually and as a team, including Athletics. Outdoor and Adventurous activities are also delivered competitively through problem solving and culminating in Orienteering.

Principles and fundamental Movement development is learnt through Gymnastics and Dance, including analysing and evaluating performances and offering improvements.



Planning Overview

We invest strongly in PE, as the delivery of this high quality PE learning is through specialist, highly qualified teachers. Class teachers also learn from our specialist teachers and develop their PE subject knowledge and understanding. The specialist teachers bring a breadth of knowledge to their planning and teaching, including differentiation, inclusion for all pupils and an enthusiasm that engages students, leading to a passion for sports and physical activities.

The learning progresses each year are mapped out, as shown below, in order to ensure children are participating in a broad range of sporting and competitive activities throughout the year. It is important that skills, techniques and physical fitness components are regularly revisited throughout the year and then year on year. Opportunities for transfer between sports and activities are taken throughout, eg hand-eye coordination in Hockey and then in Tennis, Muscular Endurance in Athletics and Orienteering.

Both teachers are highly skilled and bring a wealth of knowledge and experience to the team enabling them to create a bespoke curriculum to meet the needs of our pupils.



PE Teaching by Year Group

Overview

EYFS - Music and Movement, Dance, Gymnastics, Ball Skills, Tennis, Athletics, Problem Solving.

Year 1 & 2 - Football, Floor Hockey, Basketball, Netball, Handball, Tennis, Cricket, Athletics, OAA, Gymnastics and Dance.

Year 3 & 4 - Football, Tag Rugby, Floor Hockey, Basketball, Netball, Handball, Tennis, Cricket, Athletics, OAA, Gymnastics and Dance.

Year 5 & 6 - Football, Tag Rugby, Floor Hockey, Basketball, Netball, Handball, Tennis, Cricket, Athletics, OAA, Gymnastics and Dance.





PE Teaching by Year group

EYFS

In the Early Years Foundation Stage pupils will participate in music and movement, dance, gym, athletic activities and a range of ball skill sessions. Each competitive sport lesson follows a sequence of:

- Warm up
- Skill development
- Application of skill and basic principles
- Cool down

This ensures children learn and develop the fundamental skills of the sport they are learning and have the opportunity to apply this into games and competitive situations every week. Alongside this, children are given regular opportunities to 'free-play,' particularly in new sports that they may not have explored much or at all before. This allows children to safely explore the rules, equipment and skills involved in the game in addition to a rich and effective process of high-quality skill acquisition.

PE Teaching by Year group

Rest of School

Swimming received extensive focus in addition to the already mentioned sports.

Swimming takes place over one term for Y3-6. All children in Year 6 receive an additional term of swimming to obtain their 25m swimming certificate.

This has been a very successful scheme in the past, with over 90% of Year 6 children leaving Year 6 able to swim 25m or further for the past 5 years.

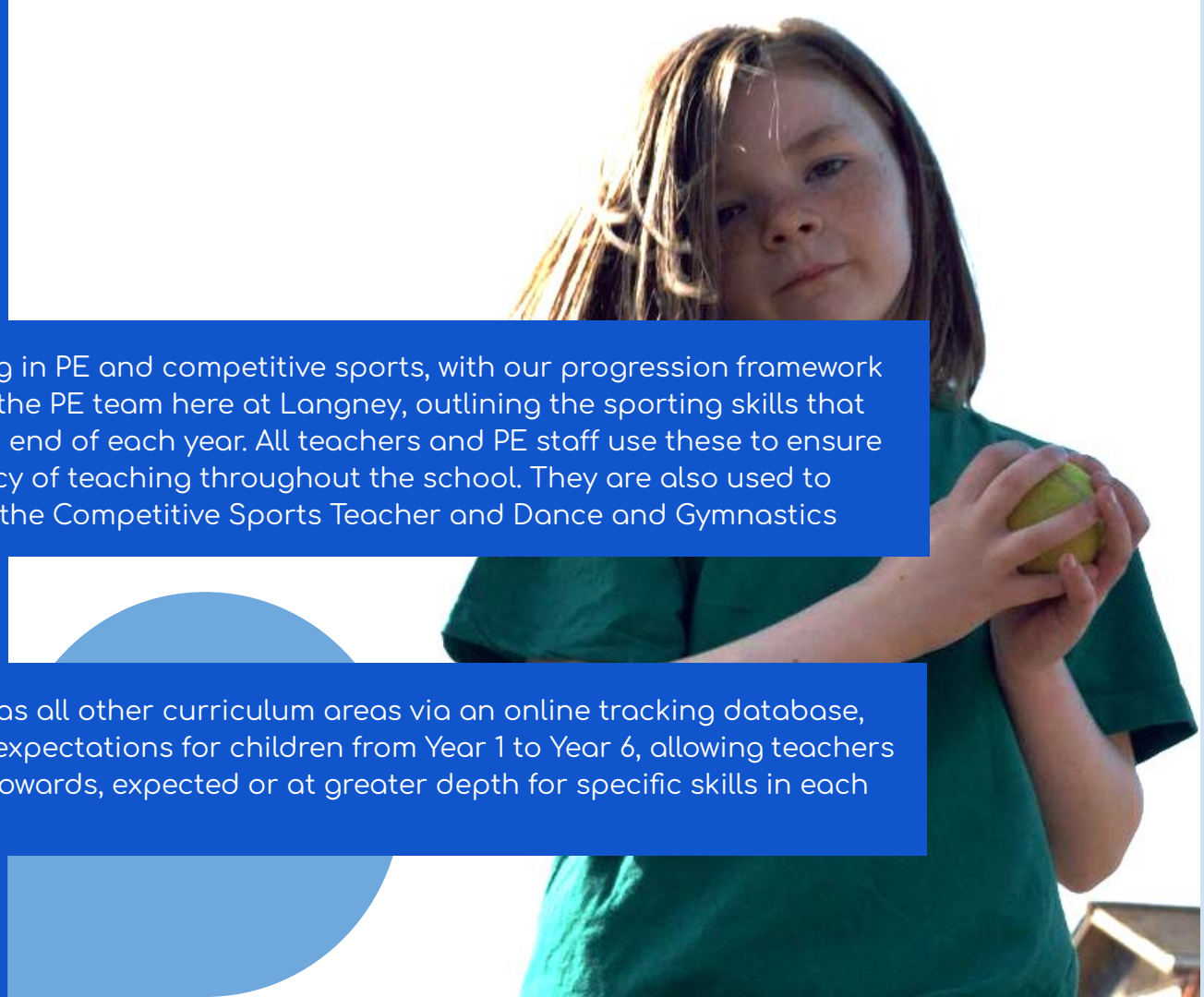


Pupils across the school now have the opportunity to participate in orienteering activities, starting from the very beginning with EYFS and Key Stage 1 pupils focusing on teamwork and problem solving skills, leading to basic orienteering activities. These activities will then broaden as they move up the school, progressing into the ability to effectively read maps and grids, develop strategies for efficient time management and deeper problem solving skills.

How Is The Subject Assessed?

We have a clear progression of learning in PE and competitive sports, with our progression framework (EOYE) document carefully created by the PE team here at Langney, outlining the sporting skills that children are expected to master by the end of each year. All teachers and PE staff use these to ensure progression in learning and consistency of teaching throughout the school. They are also used to inform the progression of planning by the Competitive Sports Teacher and Dance and Gymnastics Teacher.

PE is assessed using the same format as all other curriculum areas via an online tracking database, O-Track. This displays the end of year expectations for children from Year 1 to Year 6, allowing teachers to assess whether pupils are working towards, expected or at greater depth for specific skills in each sport they are taught.



How is the Subject Assessed?

O-Track is consistently used as a summative method of assessment and is carried out in one of two ways during each PE session where an End of Year Expectation can be assessed (this may be, for example, at the end of a 3 week unit of football for a specific skill, or after 1 lesson dedicated to a specific gymnastics skill.)

The teacher leading the PE sessions, including the Specialist Teachers, updates the O-Track assessment using a tablet during the lesson, whilst assessing the pupils on the spot. Alternatively, due to some lessons being on the field and out of reach of wifi, some lessons are assessed on an "Assessment For Learning" paper document, which are then transferred onto O-Track at the end of each term or unit, whichever comes first.

